**Alateens**

**Barriers**

\* Age

\* Not knowing about Alateen

\* Public not knowing about Alateen

\* transportation

\* scared of unknown

\* being forced to share, read

\* anonymity

\* parent find out

\* competition

\* fear of being judged, own addiction

**Solutions**\* Welcome all ages

\*invite friends

\* tell people about Alateen\* have greeters at doors  
\* sit by the new person  
 \* be welcoming

\* Share Alateen Talk and write to it  
\* talk about anonymity in meetings

\* have a group inventory

\* older help younger members

\* offer rides

\* ask parents to help with vocabulary

**Parents**

**Barriers**

\* My child not affected

\*Doesn’t live with alcoholism

\* transportation

\* What topics are talked about

\*Doesn’t think Alateen can help

\*Day/time of meeting(s)

\*Parent had a negative experience

\* Doesn’t like the AMIAS  
\* Fear of what is shared

**Solutions**

\* Encourage Alateens to share their positive experiences

\* Have Alateens share in   
Al-Anon

\* Have Alateens share at all events

\* AMIAS and Parents share positives of Alateen OFTEN

\*Letter to parents

\*Fellowship before, after meeting, potlucks

\*AMIAS invite parents to ask, share with them- give phone number

**Al-Anon members**

**Barriers**

\* Not informed about Alateen

\* Denial that kids need Alateen

\* Lack of understanding  
\* no children

\* uncomfortable with teen/children

\* not communicating with Alateen group

**Solutions**\* Add Alateen information to Al-Anon opening

\*Use Alateen literature in Al-Anon

\* Letter to parents

\* Invite Alateens to events

\* Have Alateen literature at all Al-Anon meetings

\* Invite Alateens to speak, sell pop, fundraise, etc

\* utilize personal skills to share (teachers, books, pamphlets, schools, counselors, etc)

**AMIAS-sponsors**

**Barriers**

\*no Unity

\* lack of communication

\* fear of teenagers

\* How to “Get them in the Car”

\* where is our priority

\* Not active in own program

\* Afraid of feelings/emotions

\*Fear of not knowing how to handle a situation

\* How to become an AMIAS

\* Sponsor dominating

**Solutions**

\* Be welcoming, positive, inviting

\* Use Sponsor inventory

\* communicate

\* take a risk, get to know the Alateens

\* Have Open Alateen meeting,- invite Al-Anon, parents, teens

\* INVITE, ASK, PRAY

\*Ask teens what they want

\* transport teens to meetings, events, etc  
\* have/attend Alateen sponsor meeting(s)  
\* have 2 AMIAS in meetings  
\* GO TO MEETINGS, take care of yourself